

February 2012 ~ Estate Club Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 ◆ Zumba Stretch 10:30-11:15	2 ◆ Lovely Legs 9-9:30 ◆ Cardio Variety 9:30-10 ◆ Water Aerobics 10:15-11 ◆ Men's Tennis Drop-In 9-10:30	3 ◆ Deep Stretch 8:30-9 ◆ Abs 9:00-9:30 ◆ Arms 9:30-10:00	4
5	6 ◆ Total Body Sculpt 10-10:45	7 ◆ Abs 9:00-9:30 ◆ Arms 9:30-10:00 ◆ Water Aerobics 10:15-11 ◆ Men's Tennis Drop-In ◆ Ladies' Day 10:30-12	18 ◆ Zumba Stretch 10:30-11:15	9 ◆ Lovely Legs 9-9:30 ◆ Cardio Variety 9:30-10 ◆ Water Aerobics 10:15-11 ◆ Men's Tennis Drop-In 9-10:30 ◆ Mah-Jongg Class 11:00	10 ◆ Deep Stretch 8:30-9 ◆ Abs 9:00-9:30 ◆ Arms 9:30-10:00	11
<div style="border: 1px solid black; border-radius: 15px; padding: 5px; width: fit-content;"> <p><u>Estate Club Hours</u></p> <p>Sunday 6:30-4 Monday 6:30-6 Tuesday 6:30-8 Wednesday 6:30-8 Thursday 6:30-8 Friday 6:30-6 Saturday 6:30-4</p> </div>	13 ◆ Total Body Sculpt 10-10:45	14 ◆ Abs 9-9:30 ◆ Arms 9:30-10 ◆ Water Aerobics 10:15-11 ◆ Men's Tennis Drop-In 9-10:30 ◆ Book Club 3:30 ◆ Ladies' Day 10:30-12	15 ◆ Zumba Stretch 10:30-11:15	16 ◆ Lovely Legs 9-9:30 ◆ Cardio Variety 9:30-10 ◆ Water Aerobics 10:15-11 ◆ Men's Tennis Drop-In ◆ Movie Club 3:30 PM	17 ◆ Deep Stretch 8:30-9 ◆ Abs 9:00-9:30 ◆ Arms 9:30-10:00 <u>Piano and Pasta Happy Hour</u> <u>at the Club</u> <u>6:00 to 8:00</u> <u>RSVP needed</u>	18 <i>Dog Day 10 AM</i>
	19 <i>Valentines Tennis Mixer- 11:00 Please sign up</i>	20 ◆ Total Body Sculpt 10-10:45	21 ◆ Abs 9-9:30 ◆ Arms 9:30-10 ◆ Water Aerobics 10:15-11 ◆ Men's Tennis Drop-In 9-10:30 ◆ Ladies Day 10:30-12	22 ◆ Zumba Stretch 10:30-11:15 ◆ Current Events Club 3:30	23 ◆ Lovely Legs 9-9:30 ◆ Cardio Variety 9:30-10 ◆ Water Aerobics 10:15-11 ◆ Men's Tennis Drop-In 9-10:30 ◆ Mah-Jongg 11:00	24 ◆ Deep Stretch 8:30-9 ◆ Abs 9:00-9:30 ◆ Arms 9:30-10:00
	27 ◆ Total Body Sculpt 10-10:45	28 ◆ Abs 9-9:30 ◆ Arms 9:30-10 • Water Aerobics 10:15-11 • Ladies Drop in 10:30 -12 • Men's Tennis Drop-In 9-10:30	29			

